

## Herbivore Friendly

### **Veggie Quesadilla: 14.50**

Grilled Veggies with mixed cheese baked crisp, Choose 2 dips: Salsa, sour cream or guac; Or get a third dip for an additional 1.00

### **Mediterranean Wrap: 14.50**

Olives, feta, onion, tomato, sweet peppers, cucumber, lettuce & hummus

### **Veggie Wrap: 14.00**

Grilled veggies, garlic, mayo, feta, lettuce

## **Hungry?**

### **Try Our Ultimate Veggie Wrap: 17.00**

Grilled veggies, garlic, mayo, feta, lettuce, with black bean patty.

*\*If you require gluten free, convert this to a lettuce bowl or enjoy it burger style on a gluten free bun\**

### **Sides of Fries Included**

Upgrade to onion rings, sweet potato fries, or salad: 2.50. Poutine or tater tots: 3.00

### **BBQ Cauliflower ~ GF: 11.00**

The perfect vegetarian balance, all you have to do is fry away any nutritional value! Enjoy with any wing sauce for a delicious shareable snack

*\*some sauces contain gluten\**

### **Vegan Platter ~ GF: 17.00**

Ask your server for today's specialty (Typically we offer BBQ Cauliflower, Veggie Sticks with Hummus, and a daily soup, salad OR stir fry)

## Little Humans

### **Spider Dogs: 7.00**

Two super funky hot dogs with a side of fries or veggies

### **Grilled Cheese: 8.00**

Choice of white or whole wheat bread with blended cheese

Add bacon: 1.00

Includes a side of fries or veggies

### **Fish Bits & Chips: 9.00**

*Limited Daily Supply!*

Classic and fantastic, just portioned for tiny tummies. Includes a side of fries or veggies

### **Chicken Fingers**

### **One Piece: 6.00 Two Piece: 9.00**

Choice of plum or bbq sauce with a side of fries or veggies

### **Cheesy Flatbread**

### **Half: 6.00 or Full: 11.00**

Zesty marinara topped with stringy mixed shredded cheese!

Add Bacon: 2.00

Upgrade to onion rings, Sweet potato fries, or salad: 2.50. Poutine or tater tots: 3.00



# **BALA FALLS**

EST. **PUB** 2002

## **Hours**

**Monday: 3:00 - 9:00**

**Tuesday: 11:30 - 10:00**

**Wednesday: 11:30 - 10:00**

**Thursday: 11:30 - 10:00**

**Friday: 11:30 - 10:00**

**Saturday: 11:30 - 10:00**

**Sunday: 11:30 - 9:00**

## Lockdown Hours

**12:00 - 9:00 Everyday**

Wifi: Bfpnext2thekee

**Late Night Starts 1 Hour B4 Close**

**705 - 762 - 3035**

## Speedy Specialties

Frier is subject to traces of gluten

### **The Bucket List: 20.00**

Choose 4 of the starred munchies for a great group snack - served in a bucket!

**\*\*\* Fries: 5.00 Add Gravy: 1.00 \*\*\***

**\*\*\* Tater Tots: 6.50 \*\*\***

**Add Cheese and Bacon: 1.50**

**\*\*\* Battered Mushrooms: 7.00 \*\*\***

Try a classic mustard dip or a house honey ranch.

**\*\*\* Onion Rings: 7.00 \*\*\***

**\*\*\* Sweet Potato Fries: 7.00 \*\*\***

Served with side of Pub Sauce

**\*\*\* Cheese Stix: 7.00 \*\*\***

Served with marinara or ranch

**\*\*\* Pickle Spears: 7.00 \*\*\***

Served with side of ranch

**\*\* Fish Bits: 8.00: Limited daily supply \*\***

### **Poutine: 9.00**

Hand cut fries with layered mozza & curds

### **Wings: 14.00 / 10 Wings**

**Enjoy breaded or unbreaded!**

Choose to toss or have sauce on the side.

Try Mild, Medium, Hot, XXX Hot, Honey Garlic, Thai Chili, Saucy Jerk, Dry Cajun, Parm & Pep, Lemon Pepper or Bold BBQ

Extra Dipping Sauce: 1.00

## Wraps

### **Served Fast & Fresh**

*Feel free to request toasted.*

*Sub crispy chicken for any wrap: 2.00*

*And add 5 mins.*

### **Mediterranean: 14.50**

Olives, feta, onion, tomato, sweet peppers, cucumber, lettuce & hummus.

Add Turkey: 3.00 Add Crispy Chicken: 5.00

### **Pub Wrap: 15.00**

Turkey, lettuce, tomato, onion, feta, with our Pub Sauce & Jalapenos

### **Turkey Caesar: 15.00**

Simply put - the salad wrapped up!

### **Sides of Fries Included**

Upgrade to onion rings,

Sweet potato fries, or salad: 2.25

Make it a poutine or tater tots: 2.95



## Din Din



### **Fish and Chips**

Fresh halibut, with in house beer batter, hand cut fries and tartar !

**1 piece: 13.00 or 2 piece: 16.00**

### **Turkey Quesadilla: 16.00**

Mixed cheese, onion, sweet peppers, and mushroom. Choose 2 dips: Salsa, Sour Cream or Guac; Get 3rd dip for an additional 1.00

## Old Faithful

### **Chicken Fingers: 15.00**

Crispy & tender chicken strips with fries

## Sandwiches

### **Pub Club: 15.25**

Pulled turkey, bacon, monterey jack cheese, guacamole, cajun mayo and sandwiched by artisan garlic toast

### **Buffalo Chicken Sandwich: 14.95**

Tossed in med wing sauce and topped with slaw, lettuce, tomato and onion

### **Trew's Chicken Sandwich: 15.95**

... it's Ted and Drew's favourite so we compromised on the name

Bacon, mozzarella, pub sauce, lettuce, tomato & onion

## Burgers

Homemade gluten free patty topped with lettuce, tomato, onion & on side pickle.

Add Pub Sauce: 1.00

Add Blue Cheese Dressing: 1.25

### **Classic Burger: 15.00**

*Add Bacon: 1.00 ... Add Cheese: 1.00*

### **Jalapeno Bacon Swiss: 17.00**

Pub Sauce... Otherwise self explanatory

### **Fungi Burger: 18.00**

Blue Cheese, mushrooms, bacon & swiss!

### **Side of Fries Included**

Upgrade to onion rings, sweet potato fries, or salad: 2.25

Make it a poutine or tater tots: 2.95

## Hearty Salads

### **Jazz's Big Salad: 17.50**

Mixed Lettuce, cucumber, peppers, onion, tomato, jalapenos, bacon bits and crispy chicken. Tossed in Greek dressing topped with seasoned croutons \*No Substitutions\*

### **Dave's Big Salad: 17.50**

Mixed lettuce, peppers, onion, tomato, mushroom, bacon bits, cucumber, black olives and feta, tossed in Caesar dressing and topped with turkey, parmesan, seasoned croutons and black pepper.

\*No Substitutions\*

## Daily Features

### **Sunday: Flatbreads**

**Buy 1 Get 1 1/2 Price**

### **Munchie Monday: \$5 Munchies**

**Tuesday: 10% off Takeout**

### **Wednesday: \$13 Beef Burgers**

**Thursday: Wing Night :)**

### **Fish Friday: Halibut Features**

**Spicy Saturday!**

## Artisan Flatbread Fiesta

Add to any flatbread...

Mozzarella: 1.00 or Feta: 1.50

### **Skinny Bruschetta: 11.00**

Can't go wrong with classic!  
Fresh tomatoes, red onion, pesto and a little herbal love

### **Flatbread of the day: 13.00**

Ask your server for our daily feature

### **Maple Bacon: 13.50**

A maple bbq base with juicy bacon and topped with mozzarella

### **Turkey BBQ: 15.00**

Pulled turkey with onion, tomato, mixed cheese and BBQ sauce

Add a small side of fries or salad: 3.00

## Salads

**Side: 4.50 Med: 7.50 Lg: 11.50**

### **Garden**

Mixed lettuce, tomatoes, peppers, cucumber, onion & dressing on side.

### **Greek**

Mixed lettuce, onions, tomatoes, cucumbers, black olives, feta and Karen's homemade Greek dressing!

### **Caesar**

Romaine lettuce, juicy bacon bits, seasoned croutons and Caesar dressing topped with parmesan .

# **Bala Falls Pub Late Night**

## **Classic Pub Fare**

**Poutine: 9.00**

**Chicken Wings: 14.00**

**Fingers & Fries: 15.00**

**Fish & Chips**

**1 Piece: 12.95**

**2 Piece: 15.95**

## **Speedy Specialties**

**Small Fries: 3.00 + Gravy: 1.00**

**Reg Fry: 5.00**

**Tater Tots: 6.50**

**Onion Rings: 7.00**

**Sweet Potato Fries: 7.00**

**Battered Mushrooms: 7.00**

**Cheese Stix: 7.00**

**Pickle Spears: 7.00**

**Fish Bits: 8.00**

**Poutine: 9.00**

**BBQ Cauliflower: 11.00**