

Herbivore Friendly

Veggie Quesadilla: 14.50

Grilled Veggies with mixed cheese baked crisp, Choose 2 dips: Salsa, sour cream or guac; Or get a third dip for an additional 1.00

Mediterranean Wrap: 14.50

Olives, feta, onion, tomato, sweet peppers, cucumber, lettuce & hummus

Veggie Wrap: 14.00

Grilled veggies, garlic, mayo, feta, lettuce

Hungry?

Try Our Ultimate Veggie Wrap: 17.00

Grilled veggies, garlic, mayo, feta, lettuce, with black bean patty.

If you require gluten free, convert this to a lettuce bowl or enjoy it burger style on a gluten free bun

Sides of Fries Included

Upgrade to onion rings, sweet potato fries, or salad: 2.50. Poutine or tater tots: 3.00

BBQ Cauliflower ~ GF: 11.00

The perfect vegetarian balance, all you have to do is fry away any nutritional value! Enjoy with any wing sauce for a delicious shareable snack

some sauces contain gluten

Vegan Platter ~ GF: 17.00

Ask your server for today's specialty (Typically we offer BBQ Cauliflower, Quinoa Salad and Veggie Sticks with Hummus)

Little Humans

Spider Dogs: 7.00

Two super funky hot dogs with a side of fries or veggies

Grilled Cheese: 8.00

Choice of white or whole wheat bread with blended cheese
Add bacon: 1.00
Includes a side of fries or veggies

Fish Bits & Chips: 9.00

Limited Daily Supply!

Classic and fantastic, just portioned for tiny tummies. Includes a side of fries or veggies

Chicken Fingers

One Piece: 6.00 Two Piece: 9.00

Choice of plum or bbq sauce with a side of fries or veggies

Cheesy Flatbread

Half: 6.00 or Full: 11.00

Zesty marinara topped with stringy mixed shredded cheese!

Add Bacon: 2.00

Upgrade to onion rings, Sweet potato fries, or salad: 2.50.
Poutine or tater tots: 3.00



BALA FALLS EST. PUB 2002

Hours

Sunday: 11:30 - 9:00

Monday: 11:30 - 9:00

Tuesday: 11:30 - 10:00

Wednesday: 11:30 - 10:00

Thursday: 11:30 - 10:00

Friday: 11:30 - 10:00

Saturday: 11:30 - 10:00

Wifi: Bfpnext2thekee

Late Night Starts 1 Hour B4 Close

705 - 762 - 3035

Speedy Specialties

Frier is subject to traces of gluten

The Bucket List: 20.00

Choose 4 of the starred munchies for a great group snack - served in a bucket!

*** **Fries: 5.00 Add Gravy: 1.00** ***

*** **Tater Tots: 6.50** ***

Add Cheese and Bacon: 1.50

*** **Battered Mushrooms: 7.00** ***

Try a classic mustard dip or a house honey ranch.

*** **Onion Rings: 7.00** ***

*** **Sweet Potato Fries: 7.00** ***

Served with side of Pub Sauce

*** **Cheese Stix: 7.00** ***

Served with marinara or ranch

*** **Cajun Corn: 7.00** ***

Seasonal special!

*** **Pickle Spears: 7.00** ***

Served with side of ranch

** **Fish Bits: 8.00: Limited daily supply** **

Poutine: 9.00

Hand cut fries with layered mozza & curds

Wings: 14.00 / 10 Wings

Enjoy breaded or unbreaded!

Choose to toss or have sauce on the side.

Try Mild, Medium, Hot, XXX Hot, Honey Garlic, Thai Chili, Saucy Jerk, Dry Cajun, Parm & Pep, Lemon Pepper or Bold BBQ

Wraps

Served Fast & Fresh

Feel free to request toasted.

Sub crispy chicken for any wrap: 2.00

And add 5 mins.

Mediterranean: 14.50

Olives, feta, onion, tomato, sweet peppers, cucumber, lettuce & hummus.

Add Turkey: 3.00 Add Crispy Chicken: 5.00

Pub Wrap: 15.00

Turkey, lettuce, tomato, onion, feta, with our Pub Sauce & Jalapenos

Turkey Caesar: 15.00

Simply put - the salad wrapped up!

Sides of Fries Included

Upgrade to onion rings, sweet potato fries, or salad: 2.25

Make it a poutine or tater tots: 2.95



Din Din



Fish and Chips

Fresh halibut, with in house beer batter, hand cut fries and tartar !

1 piece: 13.00 or 2 piece: 16.00

Turkey Quesadilla: 16.00

Mixed cheese, onion, sweet peppers, and mushroom. Choose 2 dips: Salsa, Sour Cream or Guac; Get 3rd dip for an additional 1.00

Old Faithful

Chicken Fingers: 15.00

Crispy & tender chicken strips with fries

Sandwiches

Montreal Smoked Meat: 14.95

Simple and delicious.

Crazy hungry? Double the meat: 5.00

Pub Club: 15.25

Pulled turkey, bacon, monterey jack cheese, mayo, guacamole, cajun kettle chips and sandwiched by artisan garlic toast

Buffalo Chicken Sandwich: 14.95

Tossed in med wing sauce and topped with slaw, lettuce, tomato and onion

Trew's Chicken Sandwich: 15.95

... it's Ted and Drew's favourite so we compromised on the name

Bacon, mozzarella, pub sauce, lettuce tomato and onion

Burgers

Homemade gluten free patty topped with lettuce, tomato, onion & on side pickle.

Add Pub Sauce: 1.00

Add Blue Cheese: 1.25

Classic Burger: 15.00

Add Bacon: 1.00 ... Add Cheese: 1.00

Jalapeno Bacon Swiss: 17.00

Pub Sauce... Otherwise self explanatory

Fungi Burger: 18.00

Blue Cheese, mushrooms, bacon & swiss!

Side of Fries Included

Upgrade to onion rings, sweet potato fries, or salad: 2.25

Make it a poutine or tater tots: 2.95

Hearty Salads

Jazz's Big Salad: 17.50

Mixed Lettuce, cucumber, peppers, onion, tomato, jalapenos, bacon bits and crispy chicken. Tossed in Greek dressing topped with seasoned croutons *No Substitutions*

Dave's Big Salad: 17.50

Mixed lettuce, peppers, onion, tomato, mushroom, bacon bits, cucumber, black olives and feta, tossed in Caesar dressing and topped with turkey, parmesan, seasoned croutons and black pepper.

No Substitutions

Daily Features

Sunday: Flatbreads

Buy 1 Get 1 1/2 Price

Munchie Monday: \$5 Munchies

Tuesday: 10% off Takeout

Wednesday: \$13 Beef Burgers

Thursday: Wing Night :)

Fish Friday: Halibut Features

Spicy Saturday!

Artisan Flatbread Fiesta

Add to any flatbread...

Mozzarella: 1.00 or Feta: 1.50

Skinny Bruschetta: 11.00

Can't go wrong with classic! Fresh tomatoes, red onion, pesto and a little herbal love

Flatbread of the day: 13.00

Ask your server for our daily feature

Maple Bacon: 13.50

A maple bbq base with juicy bacon and topped with mozzarella

Turkey BBQ: 15.00

Pulled turkey with onion, tomato, mixed cheese and BBQ sauce

Add a small side of fries or salad: 3.00

Salads

Side: 4.50 Med: 7.50 Lg: 11.50

Garden

Mixed lettuce, tomatoes, peppers, cucumber, onion & dressing on side.

Greek

Mixed lettuce, onions, tomatoes, cucumbers, black olives, feta and Karen's homemade Greek dressing!

Caesar

Romaine lettuce, juicy bacon bits, seasoned croutons and Caesar dressing topped with parmesan .

Bala Falls Pub Late Night

Classic Pub Fare

Poutine: 9.00

Chicken Wings: 14.00

Fingers & Fries: 15.00

Fish & Chips

1 Piece: 12.95

2 Piece: 15.95

Speedy Specialties

Small Fries: 3.00 + Gravy: 1.00

Tater Tots: 6.50

Cajun Corn: 7.00

Onion Rings: 7.00

Sweet Potato Fries: 7.00

Battered Mushrooms: 7.00

Cheese Stix: 7.00

Pickle Spears: 7.00

Halibut Bits: 8.00

BBQ Cauliflower: 11.00