

Salads

Side: 3.00 Med: 5.50 Lg: 9.50

Garden

Mixed lettuce, tomatoes, peppers, cucumber, onion with choice of dressing on side.

Dressings: Ranch, Blue Cheese, French, Italian, Balsamic, Oil & Vinegar

Greek

Mixed lettuce, onions, tomatoes, cucumbers, black olives, feta and Karen's homemade Greek dressing!

Caesar

Romaine lettuce, juicy bacon bits, seasoned croutons and Renee's Caesar dressing topped with parmesan

Jazz's Big  Salad: 15.95

Mixed Lettuce, cucumber, peppers, onion, tomato, jalapenos, bacon bits and crispy chicken. Tossed in Greek dressing topped with seasoned croutons *No Substitutions*

Dave's Big  Salad: 15.95

Mixed lettuce, peppers, onion, tomato, mushroom, bacon bits, cucumber, black olives and feta, tossed in Caesar dressing and topped with chicken, parmesan, seasoned croutons and black pepper. *No Substitutions*

Little Humans

Spider Dogs: 6.99

Two super funky hot dogs with a side of fries, soup or veggies

Fish and Chips: 7.99

Classic and fantastic, just portioned for tiny tummies. Includes a side of fries, soup or veggies

Grilled Cheese: 7.99

Choice of white or whole wheat bread with blended cheese

Add bacon: 1.00

Includes a side of fries, soup or veggies

Oodles of Noodles: 7.99

Pasta with choice of Butter, Tomato, or Alfredo Sauce ...

and Garlic bread of course

Add Chicken or Meatballs: 2.00

Chicken Fingers

One Piece: 5.99 Two Piece: 8.99

Choice of plum or bbq sauce with a side of fries soup or veggies

Cheesy Flatbread

Half: 6.00 or Full: 10.99

Zesty marinara topped with stringy mixed shredded cheese !

Add Chicken or Meatballs: 2.00

Upgrade to onion rings, sweet potato fries, or salad: 2.25 Make it a poutine! 2.95



BALA FALLS
EST. **PUB** 2002

Main Menu Available Till 9 PM
Late Night 9 PM - Close

WiFi: Bfpnext2thekee

Speedy Specialties

Frier is subject to traces of gluten

Cajun Corn *GF*: 5.00

Corn on the cob with savoury cajun butter

☆ **Fries: 5.00 Add Gravy: 1.00**

☆ **Tater Tots: 6.00**

Add Cheese and Bacon: 1.50

☆ **Onion Rings: 6.50**

☆ **Sweet Potato Fries: 6.50**

Served with side of cajun mayo

☆ **Cheese Stix: 7.00**

Served with marinara or ranch

☆ **Pickle Spears: 7.00**

Served with side of ranch

Poutine: 8.50

Hand cut fries with layered mozza and quality curds

Wings: 13.95/lb

Jumbo Crispy Awesomeness

Choose to have your wings tossed or with your sauce on the side. Try Mild, Medium, Hot, XXX Hot, Honey Garlic, Thai Chili, Saucy Jerk, Dry Jerk, Dry Cajun, Salt & Pep, Parm & Pep, Lemon Pepper or Bold BBQ

The Bucket List: 20.00

Choose 4 of the stared munchies for a great group snack !

Nachos

Layered with fresh onion, jalapenos, olives, tomatoes and mixed cheese. Pick 2 dips:

Salsa, Sour Cream or Guac;

Get 3rd dip for 0.85

Veggie: 9.95 Chicken or Pork: 13.95

Artichoke Dip: 10.95

Decadent fried flatbread with cheesy dip

Chicken Fingers: 14.95

Crispy & tender chicken strips with fries

Fish and Chips

Fresh halibut, with in house beer batter, hand cut fries and tartar !

1 piece: 12.95 or 2 piece: 15.95

Wraps

Crispy Chicken Ranch: 14.95

Chicken strips, bacon, tomato, cheese, ranch

Chicken Caesar: 14.95

Simply put - the salad wrapped up!

Greek: 15.95

Black olives, feta, onion, tomato, tzatziki, choice of chicken or pork

Carnivorous Quesadilla

Chicken or Pulled Pork: 14.95

Mixed cheese, onion, sweet peppers, and mushroom. Choose 2 dips: Salsa, Sour Cream or Guac; Get 3rd dip for an additional 0.85

Sides of Fries or Soup Included

Upgrade to onion rings, sweet potato fries, or salad: 2.25

Make it a poutine or tater tots: 2.95

Sandwiches

Ask your server about the sandwich special of the day!

Pub Club: 14.95

Chicken breast, bacon, monterey jack cheese, mayo, guacamole, cajun kettle chips and sandwiched by artisan garlic toast

Burgers

Homemade gluten free patty topped with lettuce, tomato, onion & pickle

Ciabatta Bun: 0.25, Gluten Free Bun: 1.00

Classic Burger: 13.95

Cheddar Burger: 14.95

Bacon and Cheddar: 15.95

Bacon Mozza Mush Burger: 16.95

Classic Chicken Burger : 13.95

Deluxe fried chicken with tomato, onion, lettuce, and mayo

Buffalo Chicken Burger: 14.95

Tossed in med wing sauce and topped with slaw, lettuce, tomato and onion

Trew's Chicken Burger: 15.95

... it's Ted and Drew's favourite so we compromised on the name

Bacon, mozzarella, cajun mayo, lettuce tomato and onion

Sides of Fries or Soup Included

Upgrade to onion rings, sweet potato fries, or salad: 2.25

Make it a poutine or tater tots: 2.95

Herbivore Friendly

Veggie Wrap: 13.95

Grilled veggies, garlic, mayo, feta

Vegetarian Greek Wrap: 14.95

Black olives, feta, onion, tomato, tzatziki

Veggie Quesadilla: 13.95

Grilled Veggies with mixed cheese baked crisp, Choose 2 dips: Salsa, sour cream or guac; Or get a third dip for an additional 0.85

Veggie Burger ~ GF: 15.95

Black bean and soy patty with grilled veg and mozzarella,

Gluten Free Bun option: 1.00

Ciabatta Bun Option: 0.25

Sides of Fries or Soup Included

Upgrade to onion rings, sweet potato fries, or salad: 2.25 Make it a poutine or tater tots: 2.95

BBQ Cauliflower ~ GF: 10.95

The perfect vegetarian balance, all you have to do is fry away any nutritional value !

Enjoy with any wing sauce for a delicious shareable snack

some sauces contain gluten

Vegan Platter ~ GF: 14.95

Ask your server for today's specialty

Artisan Flatbread Fiesta

Add to any flatbread...

Mozzarella: 1.00 or feta: 1.50

Skinny Bruschetta: 10.95

Can't go wrong with classic!

Fresh tomatoes, red onion, pesto and a little herbal love

Pesto contains pine nuts

Flatbread of the day: 12.95

Ask your server for our daily flatbread feature

Chicken Alfredo: 13.95

Creamy parmesan, with chicken, bacon, onion and mushroom

BBQ Chicken: 13.95

Grilled chicken with onion, tomato, mixed cheese and BBQ sauce

Cajun Chicken : 14.95

Bruschetta base, chicken, mozzarella and topped with cajun seasoning

Loaded Meatball Melt: 13.95

Homemade meatballs with light marinara, bacon, onion, and garlic

Add a small side of fries or salad to your flatbread: 3.00