

Herbivore Friendly

Salads

Side: 3.00 Sm: 5.50 Lg: 9.50
Garden, Greek, Caesar: Bacon optional

Veggie Wrap: 14.95

Grilled veggies, garlic, mayo, feta
cheese, with choice of fries or soup

Veggie Quesadilla: 13.95

Grilled Veggies with mixed cheese
baked crisp, with salsa & sour cream.

Add Guac: 1.00

Comes with side of fries or soup

Veggie Burger ~ GF: 15.95

Black bean and soy patty with grilled
veg and mozzarella,
served with fries or soup

Gluten Free Bun option: 1.00

Vegan Platter ~ GF: 14.95

Ask your server for today's specialty

BBQ Cauliflower ~ GF: 10.95

The perfect vegetarian balance, all you
have to do is fry away any nutritional
value !

Enjoy with any wing sauce for a
delicious shareable snack

some sauces contain gluten



BALA FALLS
EST. **PUB** 2002

Main Menu Available Till 9 PM
Late Night 9 PM - Close

Little Humans

Spider Dogs: 6.99

Two super funky hot dogs with a side of
fries, soup or veggies

Chicken Fingers: 7.99

Choice of plum or bbq sauce with a
side of fires soup or veggies

Fish and Chips: 7.99

Classic and fantastic, just portioned
for tiny tummies. Includes a side of
fries, soup or veggies

Grilled Cheese: 7.99

Choice of white or whole wheat bread
with blended cheese
Add bacon: 1.00
Includes a side of fries, soup or veggies

Ooodles of Noodles: 7.99

Bowtie pasta with choice of Butter,
Tomato, or Alfredo Sauce ...
and Garlic bread of course
Add Chicken or Meatballs: 2.00

Cheesy Flatbread

Half: 6.00 or Full: 10.99

Zesty marinara topped with stringy
mozzarella !

Add Chicken or Meatballs: 2.00

Upgrade to onion rings, sweet potato fries,
or salad: 2.25 Make it a poutine! 2.95

Deep Fried Goodness

Frier is subject to traces of gluten

Is your date on a diet? You know they'll eat all of your fries ...

Add a second side: 3.00

Wings: 13.95/lb

Jumbo Crispy Awesomeness

Ask your server for sauce selection

Nachos

Veg: 9.95 Chicken or Pork: 13.95

Onion, jalapeno, olives and layered cheese

Artichoke Dip: 10.95

Fried flatbread with a decadent cheesy dip

Chicken Fingers: 14.95

Crispy & tender chicken with choice of fries or daily soup

Chicken Burger

Deluxe fried chicken with fries or soup

Classic : 13.95

Tomato, onion, lettuce, mayo

Hot Guac: 14.95

Tomato, guacamole, jalapenos, mozzarella

Buffalo Chicken: 14.95

Tossed in med wing sauce and topped with slaw, lettuce, tomato and onion

Fish and Chips

Fresh halibut, with in house beer batter, hand cut fries and tartar !

1 piece: 12.95 or 2 piece: 15.95

Burgers

Homemade gluten free patty topped with lettuce, tomato, onion & pickle

Gluten Free Bun: 1.00

Staff suggestion! Add dusted jalapenos: 1.00

Classic Burger: 13.95

Bacon and Cheddar: 15.95

Cajun Crunch Burger: 15.95

BBQ, mayo, cajun tossed patty and crunchy kettle chips

Pub Club: 14.95

Chicken breast, bacon, monterey jack cheese, mayo, guacamole, cajun kettle chips and sandwiched by artisan garlic toast

Wraps

Clubhouse: 13.95

Lettuce, tomato, chicken, bacon, mayo

Crispy Chicken Ranch: 14.95

Crispy chicken, bacon, tomato, cheddar, ranch dressing

Chicken Caesar: 14.95

Simply put - the salad wrapped up!

Carnivorous Quesadilla

Chicken or Pulled Pork: 14.95

Mixed cheese, onion, sweet peppers, and mushroom. Add Guac 1.00

Sides of Fries or Soup Included

Upgrade to onion rings, sweet potato fries, or salad: 2.25 Make it a poutine! 2.95

Artisan Flatbread Fiesta

Add to any flatbread...

Mozzarella: 1.00 or feta: 1.50

Skinny Bruschetta: 10.95

Can't go wrong with classic Fresh tomatoes, red onion, pesto and a little herbal love

Pesto contains pine nuts

Flatbread of the day: 12.95

Ask your server for our daily flatbread feature

Chicken Alfredo: 13.95

Creamy parmesan, with chicken, bacon, onion and mushroom

BBQ Chicken: 13.95

Grilled chicken with onion, tomato, mixed cheese and BBQ sauce

Meatball Melt: 13.95

Homemade meatballs with light marinara, garlic and mozzarella

Cajun Chicken : 14.95

Bruschetta base, chicken, mozzarella and topped with cajun seasoning

Add a small side of fries or salad to your flatbread: 3.00